

Sermon Outline  
**“The Plight of the Cast Down Soul”**  
Psalm 42 01/07/18  
Pastor Owen Alford

Introduction

1. The Cast Down and Disquieted Soul Defined

2. The Cast Down and Disquieted Soul Illustrated

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### 3. A Threefold Remedy

### 4. The Cast Down and Disquieted Soul Reconsidered