



## How They Started Their Day...

### **How Christ Started His Day**

Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed. (Mark 1:35)

### **How David Started His Day**

My voice You shall hear in the morning, O Lord; In the morning I will direct it to You, And I will look up. (Psalm 5:3)

O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a dry and thirsty land Where there is no water. (Psalm 63:1)

I rise before the dawning of the morning, And cry for help; I hope in Your word. My eyes are awake through the night watches, That I may meditate on Your word. (Psalm 119:147-148)

### **How Daniel Started His Day**

Now when Daniel knew that the writing was signed, he went home. And in his upper room, with his windows open toward Jerusalem, he knelt down on his knees three times that day, and prayed and gave thanks before his God, as was his custom since early days. (Daniel 6:10)

## How Martin Luther Started His Day

I have so MUCH to do today, that I shall spend the first three hours in prayer.

## How George Mueller Started His Day

**The point is this:** I saw more clearly than ever, that the first great and primary business to which I ought to attend every day was, **to have my soul happy in the Lord.** The first thing to be concerned about was not, how much I might serve the Lord, how I might glorify the Lord; but **how I might get my soul into a happy state, and how my inner man might be nourished.**

**Now** I saw, that the **most important thing** I had to do was to give myself to the **reading of the Word of God and to meditation on it**, that thus my heart might be comforted, encouraged, warned, reproved, instructed; and that thus, **whilst meditation, my heart might be brought into experimental, communion with the Lord.** I began therefore, to meditate on the New Testament, from the beginning, early in the morning.

**The first thing I did**, after having asked in a few words the Lord's blessing upon His precious Word, was to begin to meditate on the Word of God; searching, as it were, into every verse, to get

blessing out of it; not for the sake of the public ministry of the Word; not for the sake of preaching on what I had meditated upon; but for the sake of obtaining food for my own soul. The result I have found to be almost invariably this, that **after a very few minutes my soul has been led to confession, or to thanksgiving, or to intercession, or to supplication;** so that though I did not, as it were, give to **prayer** but to **meditation**, yet it turned almost immediately more or less **to prayer.**

## How Do You Start Your Day?